

# Application Note: Spironolactone (Aldactone)

Spironolactone, sold under the brand name Aldactone, is a steroid that blocks the effects of the hormones aldosterone and testosterone and has some estrogen-like effects. Spironolactone belongs to a class of medications known as potassium-sparing diuretics.

It is primarily used to treat fluid build-up due to heart failure, liver scarring, or kidney disease. It is also used in the treatment of high blood pressure and low blood potassium.

In 2021, it was shown to be beneficial in the treatment of COVID-19 when paired with dexamethasone.

